

Genesis MedSpa

Before & After Instructions for KYBELLA

Prior to your KYBELLA treatment:

Please shave the neck area the evening before your treatment, NOT the morning of.

Try to not take any medications that increase bleeding time for about two weeks prior to your treatment. These include ibuprofen, advil, aspirin (unless prescribed by a doctor), Fish Oil and Vitamin E supplements.

Wear a loose, comfortable shirt that does not cover your neck area to the appointment.

After your KYBELLA treatment:

Most pain associated with the treatment should go away in about 30 minutes. However, it is normal for some tenderness, swelling and/or bruising to last several weeks.

We will give you an ice-pack immediately following the treatment and ask you to hold it to the area for about 15 minutes. After that, you may use an ice-pack if you find that helps with any discomfort. It is essential to keep a paper towel or thin cloth in between the ice pack and your skin to prevent frost bite.

The most common side effects after a treatment with KYBELLA are swelling, bruising, pain, numbness, redness and areas of hardness in the treated area. You may treat these with ice packs and/or Tylenol. We recommend not using ibuprofen or Advil for about ten days after your treatment as the results are partially dependent upon your body developing an inflammatory reaction.

Most serious side effects include difficulty swallowing, nerve injury resulting in facial muscle weakness, infection at the injection sites and break-down of skin in the treated area (ulceration). Notify Genesis Med Spa immediately if any of these occur.

It is important to remember that the results of KYBELLA take time and multiple treatments. Almost everyone needs 2-3 treatments and some people need up to 6 treatments. Most people did not begin to see any results until 6-8 weeks after the 2nd or 3rd treatments.

Do Not Hesitate to Call Genesis MedSpa With Any Questions

719-579-6890

