

## Vessel Ablation

### Genesis MedSpa Post-Procedure Instructions

1. You MUST keep all treated areas covered with sunscreen at all times for a minimum of 4 weeks after today's treatment.
2. It is not unusual for areas treated for vein ablation to form blisters after treatment. These usually represent a hypersensitivity reaction and not burns. If this occurs, keep hydrocortisone ointment on the blisters twice a day. If any of the blisters appear infected or are severely painful, notify Genesis MedSpa immediately.
3. It is not unusual for areas treated for vein ablation to show bruising. This will resolve over the next several weeks. Not using ibuprofen, advil, or aspirin for a few days after your treatment will help to minimize bruising. Tylenol will not increase bruising.
4. You may keep cool cloths or ice packs on the treated area as needed.
5. You may resume normal activity immediately after treatment. However, if a large area on your legs has been treated, you may find that you are moderately tender for a day or so and you may not want to engage in a particularly heavy workout during that time.
6. If the vein ablation was done on your legs, you do not need to wear any special stockings or hose.
7. Veins can fade away up to ten weeks after today's treatment, so we do not usually re-treat an area before ten weeks.
8. Please call Genesis MedSpa if you notice any unusual pain, swelling, drainage, redness or any other symptoms which concern you.

Genesis MedSpa  
719-579-6890