

Scarlet & Agnes

Post-Procedure Instructions

1. Do not apply make-up until the morning after your treatment. We highly recommend using only mineral based make-up, such as Glo.
2. You must wear sunscreen at all times and avoid prolonged exposure to the sun for 14 days after your treatment.
3. If you received an Agnes treatment, it is very normal to have bruising and swelling. You may use cool compresses and/or arnica cream in order to reduce bruising and swelling.
4. If you received a Scarlet treatment, it is normal to have red and flaky skin for about a week afterwards.
5. We highly recommend that you begin taking oral supplements including Zinc (required for collagen production), Glucosamine (promotes faster healing and increases hyaluronic acid production), and Omega 3 (which promotes healing). We suggest 50 mg Zinc once a day, 1000 mg enteric coated Omega 3 twice a day, and 500 mg Glucosamine once a day.
6. The results of these depend upon doing a series of treatments. Your provider will let you know how frequently you should schedule treatments.
7. Do not use Ibuprofen, Advil, Motrin or Naprosyn for 14 days after your treatments. Your results are partially due to your body's inflammatory response, so you should not use anti-inflammatory medications. Tylenol (acetaminophen) is fine to use.

The results of these treatments are, in large part, dependent upon what products you use on your face. We highly recommend that you use only medical grade skin care products that are chosen for you by the Genesis providers. Use of any other products will make your results less than optimal.

Do not hesitate to call Genesis MedSpa with any questions or concerns at any time after your treatments. We can be reached at 719-579-6890.