



## NON-SURGICAL ULTRASOUND AND MASSAGE FOR VISIBLE RESULTS

### VASER® Shape Overview:

VASER Shape ([www.vaserit.com](http://www.vaserit.com)) is a non-invasive ultrasound and massage system from Sound Surgical Technologies - creators of the VASER Lipo® System - that received FDA clearance in May 2010. This innovative computerized technology uses a combination of ultrasound diathermy (the application of high-frequency sound waves for local heat therapy) and zonal lymphatic massage to achieve optimal patient satisfaction postoperatively or as a standalone treatment.

The **VASER Shape** treatment uses advanced technology to warm the selected area and treat the underlying tissue to smooth, firm and shape the body by temporarily reducing in the appearance of cellulite and increasing local blood circulation and lymphatic drainage. VASER Shape can be used as a standalone treatment, and is also a perfect complement to body contouring/liposuction procedures to reduce postoperative pain and swelling.

### The Procedure:

The average VASER Shape session time is about 30 minutes per body area utilizing both an ultrasound and massage handpiece. Treatments are usually scheduled a week apart, with a lymphatic drainage session scheduled between each combined ultrasound and massage session. Patients typically undergo a regimen of 4 to 5 total treatments, although physicians report that many patients see improvement after the first session.

The treatment is comfortable and no pre-treatment preparation is required. Patients report feeling a gentle warming of the skin accompanied by a feeling similar to a deep tissue massage. Following the procedure, patients can resume normal activity without pain or downtime. The skin may appear slightly pink and feel warm after the procedure due to the increased local blood circulation in the area. This should resolve itself within a few hours after the treatment.

The two handpieces of the VASER Shape System work in tandem to treat the target area and promote drainage through the lymphatic system.

- **Ultrasound Diathermy** - Through the application of high-frequency sound waves for local heat therapy, the ultrasound energy affects fatty tissue in a non-invasive manner by warming the treatment area and producing a "micromassage" to the fat cells, encouraging excess fat to escape from the cell membranes and ultimately temporarily reducing the appearance of cellulite.
- **Zonal Massage** – The zonal massage handpiece on the system then works with the lymphatic system to drain away excess toxins and fats for removal from the body and increase local blood circulation. The zonal massage handpiece can also help to open the lymph nodes pre- and post-treatment.

### Clinical Benefits:

- Smooth and shape the body by temporarily reducing the appearance of cellulite
- Improve local blood circulation
- Reduce pain and swelling postoperatively

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**About Sound Surgical Technologies** – Founded in 1998, Sound Surgical Technologies is a leading manufacturer and distributor of ultrasonic body shaping technologies, including the VASER Lipo, VASER Shape and MedSculpt™ Systems. VASER Lipo effectively treats all areas of the body and is clinically proven to enhance skin retraction, reduce blood loss, and maintain the viability of fat cells for fat grafting procedures. Physicians report smooth and consistent results with fast patient recovery. The VASER Shape MC1 and MedSculpt Systems are an ideal complement to VASER Lipo, combining ultrasound and massage therapies to increase lymphatic and venous circulation, minimize postoperative pain and swelling, and temporarily improve the appearance of cellulite. All three devices are FDA cleared for use in the U.S.

*\* The VASER Shape System is FDA cleared for relief of minor muscle aches, pain and muscle spasms, temporary improvement in local blood circulation, and temporary reduction in the appearance of cellulite.*