

# Common Questions about VASER® Shape

## Non-Invasive Ultrasound and Massage Therapy



### What is VASER® Shape? How does it differ from other non-invasive treatments?

VASER Shape is a non-invasive ultrasound and massage therapy treatment that smoothes, firms and shapes the body. VASER Shape temporarily reduces the appearance of cellulite, and increases local blood circulation and lymphatic drainage. The treatment uses ultrasound waves to warm the targeted problem area and treat the underlying fatty tissue. It then uses zonal lymphatic massage to drain away excess toxins and lipids for removal from the body. Unlike other non-invasive body shaping procedures, VASER Shape is a comfortable massage-like treatment that only requires three to five sessions for noticeable results.

### What does non-invasive mean?

Non-invasive means no cuts, no incisions, and no surgery. VASER Shape is a non-invasive, non-surgical technique. Non-invasive treatments typically have little-to-no recovery period and few side-effects. Results with non-invasive treatments are typically less dramatic than that achieved with minimally invasive techniques, like VASER Lipo®.

### How does VASER Shape work?

VASER Shape uses high-frequency sound waves for local heat therapy and zonal massage to drain away excess toxins and fats. Heat therapy warms the treatment area and creates a “micromassage” effect on the fat cells. Zonal massage works with the lymphatic system to drain away excess toxins and fats, and increase local blood circulation.

Together, these two processes:

- Smooth and shape the body by temporarily reducing the appearance of cellulite
- Improve local blood circulation, and
- Reduce pain and swelling that can occur after liposuction.

### What body areas can be treated with VASER Shape?

VASER Shape can be used to treat the following areas:

- Abdomen
- Back
- Hips
- Thighs
- Arms
- Love handles
- Buttocks

Ask your physician if VASER Shape is right for you,  
or visit [www.VASERit.com](http://www.VASERit.com) for more information.

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### What kinds of results can I expect?

You can expect a temporary reduction in the appearance of cellulite. Areas treated with VASER Shape appear more smooth and “natural-looking” than before the treatment.

### Where is VASER Shape performed?

VASER Shape is typically performed in an office setting by a physician or other trained practitioner. VASER Shape does not require anesthesia of any kind.

### How soon will I see my results?

While you may see results after the first treatment, patients typically see the most visible results after a regimen of three to five sessions.

### Is there a recovery period?

No. Following the procedure, you can resume normal activity without pain or downtime. Your skin may appear slightly pink and feel warm after the procedure due to the increased local blood circulation in the area. This should resolve itself within a few hours after the treatment.

### Is VASER Shape right for me?

Although VASER Shape is recommended for a wide range of patients, you should be realistic about the kinds of results you expect from the treatment. We recommend consulting with a physician to make sure VASER Shape is right for you.

### How much does the treatment cost?

VASER Shape requires special equipment and administration by a trained practitioner. The total cost of your procedure will vary depending upon the number of body areas treated and the total number of sessions required to achieve your desired results.

\* The VASER Shape System is FDA cleared for relief of minor muscle aches, pain and muscle spasms, temporary improvement in local blood circulation, and temporary reduction in the appearance of cellulite.

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